### **October News**

Our focus continues to be promoting student success and students have been given some tools and lessons on how to foster their learning.

- Be Prepared and On Time
- Attendance Matters
- Work Hard Study, study, study

On our website, mayerthorpehigh.ca, under the students and parents tab, you will find our student agenda in a pdf form. Students have also been given an agenda to help them keep track of assignments, due dates and has our rules and policies in it. We have reviewed these with our students over the first two weeks, but please feel free to review them as well. Students were also given a paper and a magnet that has our calendar dates listed for important days.

We look forward to working with you through this educational adventure.

#### **Parent Teacher Interviews**

Parent Teacher Interviews will take place on Wednesday October 19 and Thursday October 20 from 4 - 7:30 pm. Teachers will be set up in the gymnasium and parents/students are invited to come discuss student achievement and successes. We will also be available to assist in setting up PowerSchool for parents who have not done so. We look forward to seeing you there.

# **Diploma Exams**

Alberta Education has reduced the weighting of the diploma exams for the 2022-2023 school year from 30% to 20%. Diploma exam dates are directed and set by the province. These exams will be administered in January 2023 and June 2023 in core 30-level subjects. Exams begin at 9 am. The dates are as follows:

### **January Exams**

English Language Arts 30-1 Part A Thursday January 12, 2023

English Language Arts 30-2 Part A Thursday January 12, 2023

Social Studies 30-1 Part A Friday January 13, 2023

Social Studies 30-2 Part A Friday January 13, 2023

Mathematics 30-1 Thursday January 19, 2023

Mathematics 30-2 Thursday January 19, 2023

English Language Arts 30-1 Part B Friday January 20, 2023

English Language Arts 30-2 Part B Friday January 20, 2023

Social Studies 30-1 Part B Monday January 23, 2023

Social Studies 30-2 Part B Monday January 23, 2023

Biology 30 Tuesday January 24, 2023

Chemistry 30 Wednesday January 25, 2023

Physics 30 Thursday January 26, 2023

Science 30 Friday January 27, 2023

# **Mental Health Capacity Building Wellness Coach**

New to our school this year is the Mental Health Capacity Building In School Initiative. This AHS program works to support youth in rural communities with the development of emotional, mental, and social wellbeing. The initiative is based on research and best practice that demonstrates that mental and emotional wellbeing can be developed, nurtured and supported through promotion and prevention efforts. Our new Wellness Coach, Ms. Kilgore, will be providing education and support within our school in order to bolster protective factors in our students so they can achieve the best possible health outcomes across their lifespan.

## **Post-Secondary Information**

October 1 marks the opening of post-secondary applications for Fall 2023. Schools begin taking applications from now until generally March 1, 2022. Students have worked on getting accounts for Apply Alberta and taken the early steps in creating their profiles. Any student who requires more assistance can make an appointment to see Mrs. Jager.

For all students in high school, there are a series of post-secondary open houses taking place in the coming months. It is a great opportunity to visit the campus', speak to students and explore the vast array of programs available.

Below are a few of the dates and locations and more information can be found online at the individual institutes website. Be sure to visit the websites to see programs available, schedules, locations, parking and to register for the open houses - many have prizes and incentives.

Concordia University - Saturday October 22, 2022 (In-Person 10 am - 2pm and Virtually 9:30 am - 1:30 pm) Register online at <a href="https://concordia.ab.ca/future-students/open-house/">https://concordia.ab.ca/future-students/open-house/</a>

King's University - Saturday October 15, 2022 from 10 am - 2 pm <a href="https://www.kingsu.ca/admissions/visit-kings/open-house">https://www.kingsu.ca/admissions/visit-kings/open-house</a>

MacEwan University - Saturday November 5, 2022 from 10 am - 3 pm <a href="https://www.macewan.ca/future-students/open-house/">https://www.macewan.ca/future-students/open-house/</a>

Mount Royal University - Saturday October 29, 2022 from 9 am to 3 pm <a href="https://www.mtroyal.ca/Admission/OpenHouse/index.htm">https://www.mtroyal.ca/Admission/OpenHouse/index.htm</a>

NAIT - Saturday October 29, 2022 from 9 am - 4 pm <a href="https://www.nait.ca/nait/admissions/tours-events-and-info-sessions/open-house">https://www.nait.ca/nait/admissions/tours-events-and-info-sessions/open-house</a>

Norquest College - Saturday October 22, 2022 from 10 am - 2 pm https://www.norquest.ca/about-us/news-and-events/events/2022/open-house.aspx

Red Deer Polytechnic - Saturday October 22, 2022 from 9 am - 12 pm <a href="https://rdpolytech.ca/apply-and-register/visit-us/visit-us/visit-us/">https://rdpolytech.ca/apply-and-register/visit-us/visit

University of Alberta - Saturday October 15, 2022 from 9 am - 3 pm <a href="https://www.ualberta.ca/admissions/undergraduate/tours-and-events/open-house/index.html">https://www.ualberta.ca/admissions/undergraduate/tours-and-events/open-house/index.html</a>?

University of Calgary - Saturday October 22, 2022 from 10 am - 2 pm <a href="https://www.ucalgary.ca/future-students/undergraduate/events/open-house">https://www.ucalgary.ca/future-students/undergraduate/events/open-house</a>

### **School Council**

The organizational meeting in September did not have a quorum of attendees to form an official school council. We will meet as a parent advisory group until such time as a quorum of attendees is reached and an executive elected. The next meeting will be held Tuesday October 25, 2022 at 6:30 pm.

#### **School Photo**

Photo Retakes will take place on October 24, 2022.

### **PowerSchool Parent Portal**

The parent portal access is the perfect way to keep up-to-date with student assessment and attendance. If you do not have access to the portal for your students please contact the office.

#### **Breakfast Club**

Each morning students have access to complimentary breakfast items. The menu varies daily and is always nutritious, delicious and served with a smile. We serve about 60 students daily. Thank you to Breakfast Club of Canada, Pembina Pipelines and Pembina West Co-op for their donations to our program. If you would like to help support the program, juice boxes and cereal are always appreciated.

### Halloween

Students are able to dress up for Halloween on Monday October 31, 2022. There will be a costume contest at lunch with some sweet prizes. Costumes must follow dress code and no weapons (real or fake) are permitted.

#### Always Looking For...

The foods lab is always in search of plastic containers and metal cutlery.

The IA shop is always in search of old horseshoes for welding projects.